



# High Quality Care Nursing, Inc.

Bringing Quality Care To You

# CNA/PERSONAL CARE AIDES NOTES & TIME SHEET

217 Main St. Laurel, Md 20707. Tel: 301-617-9315 Fax: 240-786-5382 Fax: 301-364-9119

DATE	OBSERVATIONS	PERSONAL CARE	S	M	T	W	T	F	S
<b>SUNDAY</b> Date _____ Time in _____ Time out _____	Temp. _____ Pulse _____ Resp. _____ B.P. _____	BED BATH BATH OUT OF BED TUB/SHOWER SKIN CARE HAIR CARE/SHAMPOO ORAL HYGIENE ASSIST W/DRESSING ACTIVITY-AMBULATION ACTIVITY-UP TO CHAIR R.O.M./EXERCISE							
<b>MONDAY</b> Date _____ Time in _____ Time out _____	Temp. _____ Pulse _____ Resp. _____ B.P. _____								
<b>TUESDAY</b> Date _____ Time in _____ Time out _____	Temp. _____ Pulse _____ Resp. _____ B.P. _____								
<b>WEDNESDAY</b> Date _____ Time in _____ Time out _____	Temp. _____ Pulse _____ Resp. _____ B.P. _____	<b>ELIMINATION</b> BLADDER BOWEL PERINEAL CARE COMMUNE/BEDPAN URINAL/CATHETER							
<b>THURSDAY</b> Date _____ Time in _____ Time out _____	Temp. _____ Pulse _____ Resp. _____ B.P. _____								
<b>FRIDAY</b> Date _____ Time in _____ Time out _____	Temp. _____ Pulse _____ Resp. _____ B.P. _____	<b>NUTRITION</b> DIET _____ PREPARE FEED/ASSIST ENCOURAGE FLUIDS							
<b>SATURDAY</b> Date _____ Time in _____ Time out _____	Temp. _____ Pulse _____ Resp. _____ B.P. _____								

Independent Contractor's Name \_\_\_\_\_ Signature \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_\_

Client's Name \_\_\_\_\_ First \_\_\_\_\_ Last \_\_\_\_\_ Signature \_\_\_\_\_

**PCA / CNA / GNA/ DAILY NOTES** [Please use an extra sheet of paper for all additional notes]

Monday: \_\_\_\_\_

\_\_\_\_\_

Tuesday: \_\_\_\_\_

\_\_\_\_\_

Wednesday: \_\_\_\_\_

\_\_\_\_\_

Thursday: \_\_\_\_\_

\_\_\_\_\_

Friday: \_\_\_\_\_

\_\_\_\_\_

Saturday: \_\_\_\_\_

\_\_\_\_\_

Sunday: \_\_\_\_\_



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Independent Contractor's Name \_\_\_\_\_ Signature \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_\_

Client's Name \_\_\_\_\_ First \_\_\_\_\_ Last \_\_\_\_\_ Signature \_\_\_\_\_

### PCA / CNA / GNA/ DAILY NOTES [Please use an extra sheet of paper for all additional notes]

Monday: \_\_\_\_\_

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